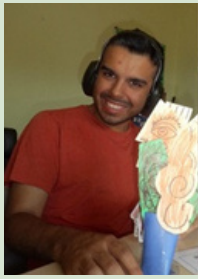


July 2025

Q6 COLLEGE

Nwsletter academic year 2024 - 2025



RACHEL THOMPSON

Q6 College Headteacher

Hello everyone,

Queensmill College Q6 has had another wonderful year. The students have taken part in many trips into the community, and they aren't just visitors - they are now part of the local community. They are welcomed into many of our local facilities such as the gym, cafes, parks, Sainsburys, and Westfield. Being part of the wider community, not just the College community, is an important part of our curriculum and we love that this is working so well.

Students have gained an ASDAN Award in Personal Progress - this year our project has been The Natural Environment, and this has included visits to the parks and a zoo, and the College has its first pet - Nemo the goldfish who is fed by the students each day.

We have been blessed with a Jack Petchey Award for Omar G, and Sergio was successful with a Jack Petchey Leadership Award. This has meant we have been fortunate to have been given funds for enrichment activities for the students such as trampolining at Oxygen, kayaking, bowling, plus a trip to Kew before the end of term. I would like to thank all our staff team who are enthusiastic, flexible and knowledgeable, and make all this possible.

Four students graduate this year and we wish them and their families all the very best for the future, and we are welcoming new students in September.

Thank you all as always for your support and I hope you enjoy this year's newsletter.

Have a great Summer,

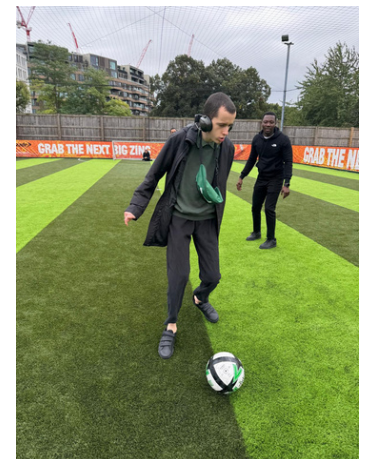
Rachel Thompson
Head of College



OUT AND ABOUT

At Q6 College, we believe it is vital for our students to step outside the classroom and actively engage with the local community. These experiences help our students develop real-world social and communication skills while building confidence and independence. Participating in local events, volunteering, or simply interacting with community members creates meaningful opportunities for students to feel connected and valued. It also allows them to gain a deeper understanding of their surroundings, encouraging them to become more informed, compassionate, and engaged citizens.

Equally important, community engagement supports our mission of raising awareness and understanding of autism. When our students are visible and active in the community, they help challenge misconceptions and foster acceptance. These interactions become powerful moments of education—not just for our students, but for the public as well. By being part of the local fabric, Q6 College students are not only learning about the world—they are helping shape a more inclusive and supportive society for everyone.



"Tell me and I forget. Teach me and I may remember. Involve me and I learn."

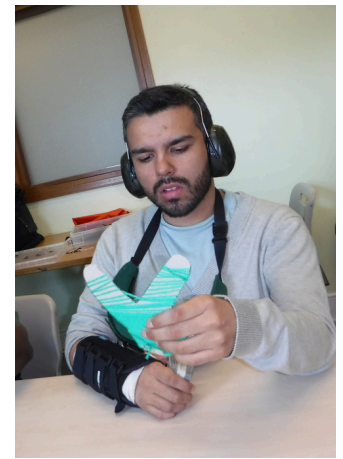
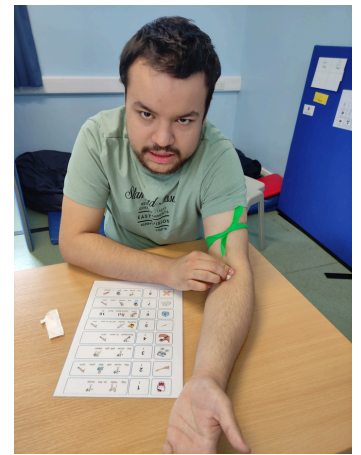
Benjamin Franklin

EXPERIENCING THE WORLD

At Q6 College, promoting independence is a core part of our educational approach, as it empowers our students to take greater control of their lives and builds essential life skills.

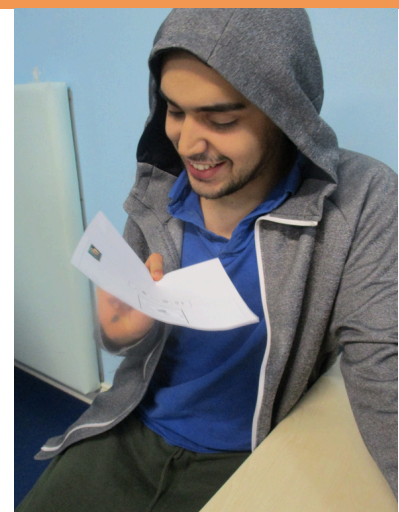
One key aspect of this journey is helping students become more familiar with medical protocols, from attending GP appointments to understanding how to manage prescriptions and speak up about their health needs.

By gradually introducing and practicing these experiences in a supportive environment, in collaboration with NHS professionals, we prepare our students to navigate real-world situations with confidence and clarity. This not only fosters self-reliance but also ensures they are equipped to advocate for their well-being—an important step in leading a more independent and fulfilling life.



Work experience is a vital component of the Q6 College journey, providing students with practical skills, confidence, and a clearer sense of their strengths and interests. Through supported placements in a variety of settings—such as gardening, hospitality, animal care, or office environments—students gain firsthand insight into workplace expectations and routines.

These opportunities help them develop responsibility, teamwork, time management, and communication skills, all of which are essential for future employment. Beyond the technical skills, work experience boosts self-esteem and helps students envision a meaningful, productive role in society, reinforcing our commitment to preparing them for life beyond college.





Learning about feelings and developing self-regulation skills are essential for helping students understand themselves and manage their emotions in healthy, constructive ways. These abilities support better relationships, reduce anxiety, and empower students to respond calmly and confidently in everyday situations.



At Q6 College, we actively support our students in understanding their own needs through open discussions, tailored lessons, and reflective activities that promote self-awareness and confidence. By creating a safe and supportive environment, we encourage students to explore their identity, celebrate neurodiversity, and build empathy for others.

